

Living well in Halton: Technology Enabled Care Checklist*

Technology Enabled Care is a term that describes equipment that can help people to continue to live at home safely, and as independently as possible.



The equipment available is wide ranging to meet the needs of a range of circumstances, is simple to use and can be tailored to meet your circumstances. Technology Enabled Care makes a real difference to people's lives, not only for those wanting to maintain their independence, but also their families and loved ones, who appreciate the peace of mind that this equipment can bring.

The possibilities of Technology Enabled Care are endless and are as simple as pendant alarms (push buttons worn around the neck or wrist) for people who may be at risk of falls, through to devices which will tell you when doors are opened or technology which will remind you to take your tablets, remind you when your next appointments are or alert you to when your pan is boiling.

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact Halton Borough Council 0303 333 4300 hdl@halton.gov.uk. You can also download this check list [here](#). *© 2023 Care Choices Ltd

Assistive technology checklist

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You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

- Does the equipment support your specific needs? ☐
- Are you willing to use it? ☐
- Will it fit into your everyday life and routine? ☐
- Have you tried a demo of the equipment? ☐
- Do you understand what the equipment is for? ☐
- Do you need to take it with you when you leave the house? Is it transportable? ☐
- Does the equipment have any limitations that would make it unsuitable for you? ☐
- Will it work alongside any assistive technology you already have? ☐

Usability

- Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)? ☐
- Does the equipment need a plug socket and will any wires cause a trip hazard? ☐
- Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐
- Are you able to use it? Are there any aspects you don't understand? ☐

Notes

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Reliability

Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)? ☐

Have you read reviews of the equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you drop it, is it likely to break? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐