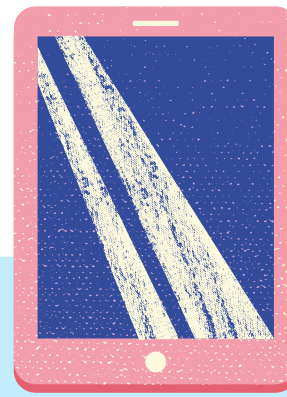


TALK with tech



Firstly...

Television and touch screen devices can support children's language development only if they talk with other children and adults while using them.

It's important to use technology alongside face to face interactions with real people, instead of replacing talking and playing with devices.

Where possible, limit screen time to 1 hour per day of high-quality programmes or games.

In activities...

Take photos with your child of what interests them or activities that they enjoyed doing. Share them with friends and family, talking about what they can see.

Watch your child's favourite TV shows together, talk about the characters, how they feel, what they are doing and what they might do next.

Join in playing apps and games with your child and use them as conversation starters to develop their language and communication skills

Words they may hear...

**on, off, play, go,
stop, help**

**look at..., tell me
about..., do you
remember when...,
I wonder**

**happy, excited,
scared, worried,
sad**