

Talk to me...



**Good talkers
Make great learners**



Talk to me about cooking

Getting your child involved with the cooking gives you lots of opportunities to develop their speech, language and communication skills.



Talk about what you're going to make. Talk about the ingredients and the things you will need (e.g. bowls, spoons, whisk).



Use different words to describe the smell, feel and taste of the ingredients (e.g. sweet, sticky, soft) and what happens to the ingredients as they are combined.



Talk about the utensils and equipment you are using - what are they made of? What shape are they? What are they used for? (e.g. pouring, mixing, spreading, kneading).



Encourage your child to listen and follow simple instructions (e.g. put in the flour and sugar)

Pat-a-cake
Pat-a-cake
Bakers man

Bake me a cake
As fast as you can

Pat it, prick it and
mark it with B

And put it in the
oven for baby and
me

All you have to do is.....TALK!

TALK!
Halton