

Care Act – What is Care and Support Planning?



You have had a needs assessment.

Now your social worker will work with you to write your care plan.

We call this care and support planning.

This is your right under the Care Act.



Your care plan says what your needs are and how they will be met by the local authority.



Your care plan should say how much money it will cost and how much the local authority will pay.



This money is called your personal budget.



Your care plan is about the whole of your life not just about your assessed needs or money.



You should get support to think about what you want to do in your life and how you will do it.



You need good information to help you to plan, in a way that makes sense to you.



It is important that you get the information and support to make links with your local community.



You can ask your family, carer or advocate to support you in your care planning.



You have the right to have a copy of your care plan. Your care plan should be written in a way that is easy to understand.



Your care plan will be reviewed after 6 weeks.
We will check what is working and what is not working.



Your care plan will be then reviewed every 12 months after that.
You have the right to ask for a review at any time if your needs change.